

Team Camp

June 17th – June 20th (Mon.-Thurs.)

Girls entering 3rd – 9th grade 9:30 am-12:00 pm

Antiwan Easley, Armstrong Varsity Girls Basketball Coach, his staff and current Falcon basketball players will be offering a fun filled week of basketball activities. Campers will participate in small group fundamental stations, daily 3-on-3, 5 on 5 league games and daily contests. The campers will be divided by age and skill level to provide an appropriate learning environment. This camp is open to all skill levels.

Cost: \$70 (includes T-shirt and prizes)

Skills Overload Camp

June 24th – June 27th (Mon-Thurs.)

Girls entering 5th- 9th grade 9:30 am-11:30 am

This camp focuses on teaching campers advance fundamental skill progression drills. The fundamental skills of ball handling, shooting, passing, footwork, cutting, 1 on 1 moves, and reading the defense are emphasize in this camp.

Cost: \$70 (includes T-shirt and prizes)

Both Team & Skills Overload Camps
\$120

Breakfast Club

June 11th – July 25th (Tuesdays & Thursdays)

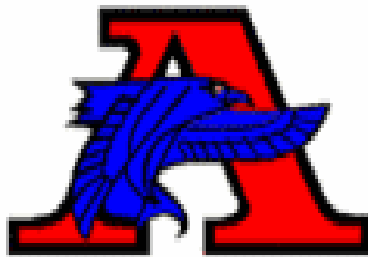
Girls entering 8th – 12th grade 7:00 am- 9:00 am

Armstrong Girls Basketball Coaches are holding morning workouts. These advanced workouts will give players the opportunity to hone their offensive and defensive fundamentals in a competitive environment. Workouts will also focus on agility and strength training.

Cost: \$80 (includes T-shirt and prizes)

There will be no Breakfast Club June 29th - July 5th.

Armstrong



Girls Basketball

Registration Form

Name _____

Address _____

City _____ Zip _____

Phone _____ Age _____

Grade Next Fall (Circle One)

3 4 5 6 7 8 9 10 11 12

Adult T-shirt Size (Circle One) S M L XL

PLEASE CHECK:

____ Team Camp June 17th – 20th

____ Skills Overload Camp June 24th- 27th

____ Breakfast Club

Confirmation of enrollment is your cancelled check. Registrations will be accepted at the door, but t-shirts are not guaranteed if registration is received after **June 12th**. There will be no refunds once registration has been received.

Attach check made payable to “Armstrong Girls Basketball Boosters” and mail registration form to Antiwan Easley, 6123 106th Avenue North, Brooklyn Park, MN 55443. For more information contact Coach Easley at 763-504-8823.

I authorize the staff of Armstrong Girls Basketball Camps to secure any medical treatment deemed necessary. I accept financial responsibility for such treatment. I waive and release Armstrong Girls Basketball staff members, Robbinsdale School District#281 and its employees from any and all liabilities for any injuries or illness incurred while at camp.

Parents Signature _____

Emergency Phone Number _____

Email address _____